### **Albert Suites**

# We care about living life.

# A vibrant and caring environment...



where you can trust us to deliver exceptional, personalised care...

and enjoy 5 star service and hotel-inspired amenities...

## from the comfort of your private, luxury suite.

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#### Outstanding Care

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At the Albert Suites, our 27 exclusive suites have been designed to offer an enriched quality of life amidst a discreet and dignified provision of care tailored to the unique and personal needs of each resident.

With a choice of sizes to suit individual needs, each suite has been created to perpetuate a calm, welcoming atmosphere to ensure optimum comfort and independence.

Residents enjoy exceptional communal areas and facilities such as the tranquil reception and lounge, restaurant and fully-fitted physio gym. Our hydro spa bath is available to all our residents for rehabilitation supervised by our physios, and for relaxation.

Our multi-disciplinary care team appreciates that you and your family expect and deserve the best possible care from professionals who respect you as an individual. We are committed to providing peace of mind through safe, responsive care and are registered with, and monitored by, the Care Quality Commission.

Whatever challenges you or a loved one are facing, we can give you practical, supportive and effective help to improve the quality of your life.



"The Albert Suites, our premier nursing facility in London, heralds a unique era in care and support services. In a class of its own, our amenities are unparalleled, as is our dedication to providing personalised care and services for our residents."

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Mark Chakravarti, General Manager

#### Personalised Care

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Founded on a commitment to deliver personalised, responsive and effective care, each new resident at the Albert Suites will receive an in-depth, personal assessment prior to admission. With their full consultation, this will be reviewed and updated to cater to their needs on an ongoing basis.

Overseen by a Registered Nurse, each individualised care plan will be administered by the care team, who work to fulfil the personal preferences of residents and their families. Along with weekly GP visits and 24-hour access to on call healthcare professionals, ensuring that all health requirements of residents are considered and taken care of.

Supervised by our Head of Care, each bespoke care plan takes into consideration a resident's culture, religion and interests – as well as their health requirements.

This dedicated service encourages residents to be as independent as they can be in all aspects of their life. With services such as a 24-hour pantry enabling them to maintain a high level of independence – with ease.

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

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Leo Buscaglia

We offer quality care assurance and are always listening to the views and feedback from both residents and their families to ensure that the very best care packages are put together and delivered for each of our residents.

The Albert Suites provide personalised care for people who require:



Physio Rehabilitation



Convalescence, Post-Operative Care & Holiday Stays



Long-Term & Short-Term Nursing Care



Palliative Care



The Albert Suites is the ideal environment to recover following orthopaedic surgery, injury or a neurological illness such as a stroke.

Our experienced team of in-house physiotherapists will work closely with you to create a structured programme to help integrate you back into your chosen lifestyle whether at home, work or leisure. Physio rehabilitation should start as soon as possible to ensure you receive the full benefit of any surgery accelerate recovery and obtain optimum functionality.

Our on-site physiotherapy suite has been intelligently designed to enable personalised programmes to be offered that help residents to rebuild strength, aid recovery and galvanise wellbeing.

We provide a vast array of the latest equipment including MOTOMed – a cutting-edge, motorised movement therapy device that is accessible to residents with restricted mobility or who are wheelchair users, as well as those who need less intensive support

Should you require hydrotherapy to help improve your mobility and wellbeing we can escort you to the nearby hydrotherapy pool at The Royal Hospital in Chelsea.

Our Head Chef works closely with the nursing team to ensure each resident's dietary requirements are fully met. Restaurant-quality meals (rich in nutritional value) are supplemented with daily refreshments and tempting treats. We also offer a host of hotel-inspired facilities including 24-hour room service.



If you require a break to recharge or to aid recovery, we provide a 'home away from home' with tailored care. In tranquil surroundings opposite Battersea Park, we apply a combination of good diet, guided exercise and rest to enable your body to recover more successfully and quickly.

All of our luxurious suites are fully furnished and are fitted with hospitalgrade beds to ensure a good night's sleep, allowing you to take on the next day to your full ability.

Our specialist nursing team will manage your ongoing recovery proactively using planned and paced activity to reduce the risk of complications or further hospital admissions.

Holiday stays cater for various situations; including if your main carer is away, you are suffering from bereavement, you feel you could benefit from a break or additional recovery time or if your loved one – who is caring for you – would benefit from a break. Recognising that the right diet is of vital importance in regaining strength, we pride ourselves on creating nutritious menus to tempt the most discerning palates. Residents can enjoy dining in the privacy of their suite or in the ambience of the Albert Suites Restaurant or terrace. Residents are also encouraged to invite guests to dine with them, allowing friends and family to come and enjoy our first-class menu with loved ones.

Our meals are freshly prepared to order in our restaurant by our Head Chef and the team – and our bar serves a wide selection of wines, beers, spirits and signature cocktails.



For residents diagnosed with a medical condition, the Albert Suites provide a vibrant and caring setting – purpose-built to meet your ongoing needs.

All our suites are tastefully decorated, and we encourage residents to bring much-loved furniture and other familiar comforts with them to ensure they feel even more at home.

Our Head of Care operates a dedicated 24-hour care team to respond to your individual care needs. Specialised treatment, such as speech therapy is also available, as are complementary treatments such as massage, reflexology and osteopathy.

An integrated approach to treatment enables you to incorporate inspiring experiences into your lifestyle. Our Lifestyle Co-ordinator manages an engaging calendar of events ranging from cultural experiences to countryside and urban excursions.

For those occasions when you want a more relaxing form of enjoyment, why not revel in a game of bridge or a glass of wine with a new-found friend?

Research suggests that people who do best, are those who take responsibility for managing their condition, in partnership with their care teams and doctors. Our philosophy of providing 'authentic choice' ensures you have the full support required to maintain this sense of empowerment and achieve your best health potential.

We offer different types of nursing care including diabetes management and pressure area and skin integrity management. Diet is an integral part of our nursing plans and our chefs are able to prepare home cooked food from Normal IDDSI LEVEL to LEVEL 0.

#### Palliative Care

People nearing the end of their life receive the 'gold standard' of care. Our team of nurses and care assistants follow the Gold Standards Framework, inspired by hospices, ensuring we provide the highest possible standard of care.

Our empathetic approach to joined-up care ensures, that no matter what stage of your illness you are at, everyone involved in your care knows about your wishes and is best prepared to ensure that they are fulfilled. By working together in a calm and compassionate manner, we can help you make informed decisions, planning ahead and reducing the potential of hospitalisation.

With the guidance of our doctor, we can assist with pain management and manage physical symptoms. We have specialists in incontinence management and the reduction of risks of frequent falls. Our palliative carers are hospice trained to provide enhanced care to our residents and families. Vital emotional support is also provided to ensure dignity and respect and maintain psychological, social and spiritual wellbeing.

As part of our commitment to providing support at this difficult time, we welcome your family to dine with you or stay overnight in the guest suite.

Our advanced care plan ensures that you are empowered to live life as comfortably as possible, with reliable and consistent support from our trained team. Massage therapy and treatments are available to provide additional comfort and relaxation.

At the Albert Suites, you can trust us to deliver the right care, in the right place at the right time – all the time.



#### Services

The Albert Suites offer an exclusive range of hotel-inspired services, providing residents with luxury living, alongside the very best in personalised care and rehabilitation.

- On-site physiotherapy
- Weekly GP visits
- Hairdressing, nail and beauty treatments
- Secorted visits to theatres and museums
- Pressing and dry-cleaning
- Daily housekeeping
- Dining in either our restaurant, on the roof terrace or in the privacy of your suite
- Complimentary newspapers and magazines in the lounge
- Complimentary fresh fruit and pastries
- # 24-hour self-service pantry
- Weekly events calendar









#### **Suite Amenities**

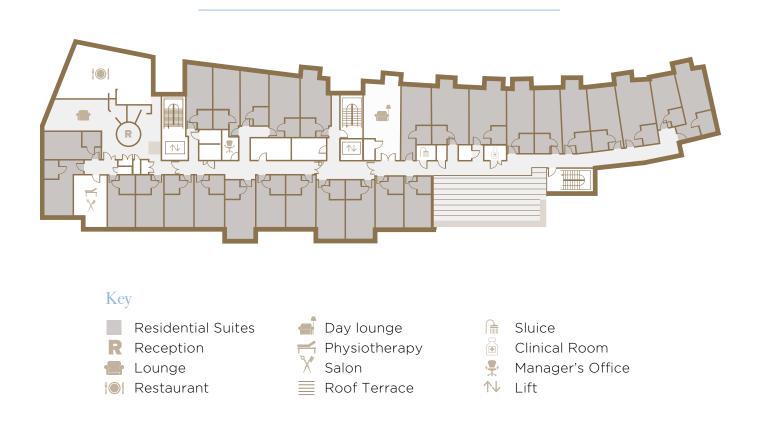
Ensuring residents feel at home is core to the Albert Suites' offering. Providing elegant and contemporary living, with the addition of home comforts to aid and support residents in their recovery.

To ease all residents into their stay, all suites are equipped with the following amenities:

- En-suite / wet room
- Tea and coffee-making facilities
- Hospital profile beds
- Riser recliner chair
- Telephone with direct dial capability
- Free WiFi
- Air conditioning
- Call bell

# & Our People & Contact

Here at the Albert Suites we are passionate about people. And in turn, our staff are passionate about providing residents with exceptional care in a friendly, supportive environment.



We appreciate that the art of 'anticipation' and 'care' requires a special individual. We seek to employ people with kindness and compassion who strive to better understand and respond to the needs of residents. These qualities, coupled with our personal learning journey (part of a comprehensive induction programme for all staff), are essential in our eyes.

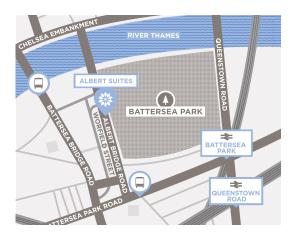
We pride ourselves on providing 24/7 nursing care of the highest calibre. Our senior management team is committed to continuous improvement, excellence, professionalism and innovation in our work, based on 30 years' international experience.

Registered office: Battersea Place Retirement Village Ltd. (No. 7545666) 15 Savile Row, London, W1S 3PJ. Registered in England & Wales

#### Get in Touch

Thank you for your interest in the Albert Suites at Battersea Place. If you would like to arrange a visit or check availability, please call:

#### T. 020 7129 7856 or E. asreception@batterseaplace.co.uk Concierge T. 020 7924 8600







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